

Always Be Prepared

SurviveInYourBackyard.com

Why Do You Need an Emergency Go Bag?

You've heard all the horror stories: the car breaks down, the flight is delayed, the train is off schedule, the baby gets sick... There's never a guarantee that you'll never have to use your emergency kit. That's why it's critical that you keep it stocked and ready to go. Having a go bag is the best way to ensure that you're prepared for the unexpected.

How do I Build my own Emergency Kit?

The basic rule of thumb for preparing an emergency kit is that it should contain at least three days of food, three days of water, a first aid kit, a flashlight, a fire extinguisher, a battery powered radio, a compass, a map, and some form of shelter (a tent, hammock, etc.).

Emergency Survival Go Bag Checklist	
<ul style="list-style-type: none">• A Sturdy Emergency Bag• Water• Portable Food	
<p style="text-align: center;">Shelter</p> <ul style="list-style-type: none">• Tent• Tarps• Sleeping Bags• Blankets• Sleeping Pads	<p style="text-align: center;">Clothing</p> <ul style="list-style-type: none">• Sturdy Shoes / Boots• Underwear• Pants• Tops• Socks

<p style="text-align: center;">First aid and hygiene</p> <ul style="list-style-type: none"> • First Aid Kit • Hand Sanitizer • Baby Wipes • Gloves for Emergency Use 	<p style="text-align: center;">Communication on the Go</p> <ul style="list-style-type: none"> • Cell Phone & Charger • A Hand Crank Radio for the Weather & News • The Emergency Whistle • A Mirror
<p>Tools While Traveling</p>	
<ul style="list-style-type: none"> • Compass • Duct Tape • Wire Saw • Can Opener • Headlamp • Flashlight • Batteries 	<ul style="list-style-type: none"> • Rope or Paracord • Lighter • Stove • Folding Shovel • Sewing Kit • Fishing Kit
<p>Personal Go Bag Contents</p>	<p>Documents You Need</p>
<ul style="list-style-type: none"> • Small notebook • Personal Hygiene Toiletries • Medication 	<ul style="list-style-type: none"> • Picture ID • A form of identification • Social Security Number • Passport Number
<p>Important Phone Numbers</p>	<p>Family Emergency Plan</p>
<ul style="list-style-type: none"> • insurance company • Lawyer • doctor • dentist • a trusted relative 	
<p>Put everything in a large zip lock bag to keep them safe from moisture.</p>	